
THE CAREY FEDERATION



Sports Premium Report – Ashwater Primary School **2023/24**

Aim High; Be Resilient; Take Care of Each Other

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement. Our sports offer must also promote our federation motto: *Aim High; Be Resilient; Take Care of Each Other*

Our objectives for spending are as follows:-

- ✓ All children benefit regardless of sporting ability
- ✓ The most able children are given the opportunity to compete in tournaments with other schools
- ✓ Increased participation in competitive sport for all children, regardless of ability
- ✓ Increasing participation in PE and sport to ensure Healthy Lifestyles for all children
- ✓ Children are taught how to live a healthy lifestyle
- ✓ Opportunities that support both mental and physical wellbeing are provided
- ✓ Subsidised activities to ensure pupils do not miss out due to financial constraints
- ✓ encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- ✓ embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching
- ✓ increased confidence, knowledge and skills of all staff in teaching PE and sport
- ✓ broaden experience of a range of sports and activities offered to all pupils
- ✓ provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity into school life
- ✓ hire qualified sports coaches to work alongside school staff to enhance or extend current opportunities and upskill school staff to ensure sustainability
- ✓ introduce new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- ✓ partner with other schools to run sport activities and clubs
- ✓ provide more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

Sports Premium Spend

	Ashwater Primary School
Total Sports Premium Received:	£16,270
Specialist dance lessons and after school club additional dance lessons subsidy.	£3,280
Wild Tribe (outdoor learning), Sugar Smarts (Healthy Lifestyle Education), Specialist PE (Arena – Callington College)	£5,400
Morning Health Club subsidy	£338
Specialist PE teaching and professional development for staff from LDT	£3,760
Subsidised transport for all pupils to access sporting activities at other schools to widen opportunities for all	£787
Holsworthy College SSCO	£625
Purchases of sports equipment	£512
Total Spend	£14,702
Underspend	£1,568

Key achievements to date until July 2024: The impact the school has seen on pupils' PE, School Sport and Physical Activity, and sport participation and attainment

- More children are accessing after school sports clubs, before and after school, than in previous years because of

the funding offered and broadening the variety offered

- Support staff have continued to develop skills, knowledge and understanding and are able to better lead small group work, as intervention, as part of whole class PE lessons or as after school clubs.
- Organised additional outside agencies to enrich the curriculum and for after school clubs e.g Dance, Wild Tribe,
 - A morning health club is offered to all pupils
 - A variety of sports is on offer to inspire ALL children to be healthy, now and in the future – different children are inspired by different activities.
 - Parents and children report a positive attitude to keeping healthy as a result of a wider offer
 - Providing targeted activities or support to involve and encourage the least active children
 - Mindfulness and wellbeing through outdoor education Wildtribe for all pupils

Areas for further improvement and baseline evidence of need: How the improvements will be sustainable in the future

- Provide further opportunities for school staff to work alongside specialist staff to know their pupils well; to ensure children leave primary school well balanced with the skills for future employability.
- Continue to provide a variety of sports on offer to inspire ALL children to be healthy, now and in the future – different children are inspired by different activities so we must seek to broaden our offer as much as possible and build on what children have enjoyed so far.
- Embed a sustainable solution so school staff are upskilled in all the areas of sport and physical activity offered -it should not cease, but remain in place for existing pupils and for future pupils. It should also sustain children and young peoples' love of learning in and through PE, School Sport and Physical Activity, as well as ensuring that they live healthy active lives.

Meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	80%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	80%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	% As above
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No